**Principal's Message**

What a fantastic start to Term 3! Metella Road Public School has excelled in its purpose to **AIM HIGH!!!** Our students have proven that in the classroom, on the stage and on the sporting field, we **AIM HIGH** but we continue to exceed our expectations.

In the classroom, our students are focused and learning. The parents, family and friends that visited our classrooms during Open Day would have seen the high quality of work our students produce each and every day.

Our athletes have performed exceptionally well, with highlights being our K-2 and 3-6 athletics carnivals and our Girls and Boys Football teams both playing with skill and excellent sportsmanship. I received a wonderful email from a fellow colleague who was asked to take their school’s OzTag team. After playing against our senior team he emailed me that afternoon to commend our team on the way they played, how well-mannered they were and the great sportsmanship they demonstrated. Just another example of wonderful MRPS students.

Our choirs, percussionists and dancers have been a shining light as examples of the many talents we have and were seen on stage at our Education Week performances and at Westpoint shopping centre. I had the great pleasure of introducing the schools from our Blacktown Learning Community over two days at Westpoint Shopping Centre for the Education Week performances. There were some incredible routines and performances from schools across our learning community, but I must admit our students were outstanding!!!

Metella Road Public School has an outstanding reputation and it is easy to see why. To be known as a school of opportunities, providing dedicated teachers and outstanding educational opportunities, our school has always been and will continue to be the school of choice.

At the end of this newsletter is a flyer for a **Cyber Bullying Parent Information Session** that will be held in our school hall on Tuesday 2 September at 7.00pm. Senior Constable John Bollard will be conducting the session and I highly recommend it to all our parents. John has run sessions for our students in the past and has a excellent presentation style which will be interesting to listen to and highly informative.

Do you watch the morning news on Channel 9? On Tuesday 26 August MRPS will be helping the Harvest Hub launch **Fruit and Veg Month** and the weather man Steve Jacobs will be doing a live cross from our school!!!
Our next P&C meeting, to be held on Tuesday 12 August at 7.30pm, will be an opportunity for all parents and carers to contribute to our school’s strategic direction. Together with the staff, I will be formulating our school’s strategic direction for the next three years to begin in 2015. I highly value the input of our parent community and the first step in understanding what our communities values and wants for our school will be at this meeting. I hope to see as many parents and friends as possible.

Finally, we have been taking enrolments for kindergarten next year and will be holding our annual Kindergarten Enrolment Interviews on Thursday 21 August. The interviews are an excellent opportunity for our executive staff to gather information on our new students to be able to help them have the most successful start to their schooling life next year. If you have a child starting next year or know of any family that intends to enrol their child for next year, could you please let them know about our upcoming interviews and if they could enrol as soon as possible.

Brilliant students, wonderful teachers, committed parents – MRPS has it all!!!

Mr P. D’Ermilio
Principal

Deputy Principal’s Report
Congratulations to our Wonderful Staff and Parents!

It’s an absolute pleasure working at this school when you see the level of dedication and commitment from each of our staff members. We have enjoyed some wonderful events during Education Week and I pass on my congratulations to each individual for your contribution. Special mention is extended to Miss Mouakas and Miss Cheetham for their outstanding leadership and organisation of the 3-6 and K-2 Athletics Carnivals. Additionally a special thank you to Mrs Larobina for her excellent coordination of the Open Day program and to all of our talented teachers who prepared students for a variety of entertaining items for our Open Day concert and also some outstanding performances during the week at Westpoint Blacktown. Through it all, at each of those events, we had a wonderful representation from our loyal parent community! Thank you for finding the time. Your presence at these events is truly appreciated.

Positive Behaviour for Learning

This term at Metella Road P.S., once again we have had a fortnightly focus in our PBL (Positive Behaviour for Learning) Programs. Students in all K-6 classes have enjoyed participating in lessons to promote the following behavioural expectations:

- Be Safe – Walk on hard surfaces
- Be Respectful – Use good manners

The next focus will be: Be Proud – Show pride in your school work.

Please talk with your children to see what they have been discussing in class regarding these topics. The continued implementation of these explicit PBL lessons is resulting in continuous improvement in terms of our student population meeting our behavioural expectations.

Attendance Awards

Congratulations to Classes KA and 1/2C who scooped the major awards for attendance last term. Mrs Land’s KA class had the best overall attendance for the term while Ms McCoy’s 1/2C students received the award for the best punctuality after only recording 2 late students for the entire term! Delivered on silver platters, these classes enjoyed a feast of Freddo Frogs, Chupa Chups and Paddle Pops on the last day to celebrate their success!

M-League

The K-2 M-League Football Competition will run for the next 7 weeks. 215 students who ‘signed up’ to play have been organised into mixed-gender teams in separate competitions for Kindergarten, Year 1 and Year 2. Teams have been named after World Cup nations! Students from Year 5 are acting as coaches for these teams who will play a series of games at Recess play times. A finals afternoon will be held on Thursday 18 September at 2:15pm. Stay tuned for further details.

Father & Child Football World Cup / Dad’s Corner

This event, held in the last week of last term, was a major success, attracting the interest of local print media. 47 fathers and their children participated in a series of football games with the emphasis on FUN! Separate games were organised for the various stages and a great afternoon was enjoyed by all involved. It was tremendous to see so many Dads involved at school and we look forward to continually increasing the involvement of male role models in the lives of our children.

This Friday, all fathers are most welcome and encouraged to attend the next meeting of Dad’s Corner which is held in the Connected Classroom, adjacent to the K-2 COLA. This informal meeting over a cuppa commences at 8.50am. We will be discussing ideas on further activities involving fathers interacting with their children in the school environment, to build upon the success of last term’s football afternoon. Please come along! We would love to hear your ideas!

Mr S. Staveley
Deputy Principal

From the Office

Students sick at night, on the weekend or in the morning? During the year a number of students arrived to school or at Before School Care and were very shortly sick including vomiting or were sent to SICK BAY in the morning session by their concerned teachers. This means that they were not well enough to come to school that day. We understand the struggle of the working parent. However, if your child suffers vomiting or diarrhoea on the weekend, in the evening or upon waking, they need a minimum of 24 hours of being symptom-free before returning to school. This is the recommendation of the Australian Government National Health and Research Council from their publication “Staying Healthy” which states:

Exclusion period

Children, educators and other staff with infectious diarrhoea should be excluded until the diarrhoea has stopped for at least 24 hours.

Responsibilities of educators and other staff

Advise the parent to keep the child home until they are feeling well and they have not had any symptom for at least 24 hours. If your child was very sick on the weekend, in the evening or getting up in the morning, they are too sick to be at school and need to stay home! Thank you for respecting all our families and helping ensure that all our students are safe, happy and healthy at school.
Absence Notes
If your child has missed school, you can write a note with the following information:
Include your child’s given name and surname and class.
Include the date/s and number of days your child was away.
Explain why your child was away.
Include other information as needed.
If your child is going to be away for more than three days please let the school office know. You will still need to write a note when your child returns.

Late Arrivals/Early Leavers
Parents are reminded that children who arrive late for school (i.e. once class lines have reach their classroom) are required to come to the office for a late note. Also those parents needing to collect children early will need to collect an early leaver note from the office before collecting their child from the classroom.

Money
Students are responsible for bringing all payments to the office. Please do not give money or permission notes to class teachers. A signed permission note must accompany any money, payment only without a note does not allow the child to participate in the activity. All notes and money should be into the office by 11.30am. When paying for excursions or events that required money, please only include Australian money. Money from another country included in your payment, will be returned to you and we will ask that you provide a payment with Australian money.

Lost Clothing
Write your child’s name on everything!
Use a permanent laundry marker to label clothes, hats and shoes, or sew or iron on personalised labels.
Check that labels have not faded with washing.
Go through your child’s bag with them each night.

If your child has lost any items of clothing, drink bottles or lunch boxes please collect from the Office before the end of term.

Mrs C. Ryan
School Administration Manager

Kindergarten News
Congratulations to the Kindergarten students for a great start to Term 3. It is wonderful to see the students working hard and being motivated learners.

The Kindergarten students are learning lots of new and exciting things this term. We are enjoying learning about Australian animals. We have been discussing and writing about many things including what they look like, what they eat, where they live and what type of animal they are. We are also studying the author Mem Fox and reading lots of her books. We are learning about the characters in the stories and comparing them to ourselves and other characters. The students are also investigating the seasons during our Science lessons, and talking about lots of different types of weather. In Mathematics, we have discussed positional language and we have identified the position of different objects.

Last week we had our Education Week Open Day where parents visited the Kindergarten classrooms and had the opportunity to look at the wonderful work we have completed throughout the year. We also had our annual K-2 Athletics Carnival. The students participated in a range of fun activities including running races, ball games and relays.

We are looking forward to more fun and exciting things happening this term.

Mrs S. Larobina
Early Stage 1 Supervisor

Stage 1 News
What a busy beginning we have had to Term 3! It was wonderful to see so many parents visit their children’s classrooms for Education Week. Students were so excited to be able to show their parents the work that they have done in class. Part of our job as classroom teachers is to inspire in our students a passion for learning. Their passion for learning was evident during open classrooms, where students showed pride and delight in the work that they have been doing. We also were able to see the talent and creativity of our students during our Open Day assembly! What amazing children we have! Our K-2 Athletics Carnival was also held last week. Students tried their best, participated enthusiastically and had a fantastic day! A big thank you to Miss Cheetham for organising such a brilliant event.

This term we will be holding our Oracy Competition in Week 6. Students will be required to give a speech on the life cycle of an animal of their choice. They must come prepared to give this speech in class. A class winner will then have the opportunity to compete against the rest of Stage 1. They will give their speech during our Stage 1 assembly. A winner will be chosen to represent Stage 1 in our K-6 assembly.

We have been planting various seeds this term. Each classroom has greenhouses and terrariums which students have created. Students are learning about the water cycle which helps their seeds to grow. They are also learning about the different life cycles of living things. It has been wonderful to see their inquisitive minds soaking up all of this new information.

We look forward to an action-packed Term 3, where we have such events as the Book Parade and a special author visit.

Ms J. Minenko and Mrs L. Bartlett
Stage 1 Supervisors

Stage 2 News
Week 3 has got off to a flying start with both the Athletics Carnival and Education Week!

I would like to thank the Stage 2 students for their outstanding participation in all events at the carnival. It was fantastic to see so many students competing in the track events. Well done to all the students for having a go and achieving their personal best.
The Stage 2 teachers would also like to thank the parents who came and spent time with their children in their classrooms during Open Day. It was a good opportunity to see the students engaged in their learning activities. Finally, well done to the Year 3 girls who demonstrated a range of football skills on Open Day - including dribbling, 1 v 1, shooting and passing.

It is going to be another big term with Book Week fast approaching. We can not wait to see the students’ costumes in the Book Week parade and are especially looking forward to Andrew Daddo’s visit.

Mrs N. Parker
Stage 2 Supervisor

**Stage 3 News**

Stage 3 are the focus stage for this newsletter. Please read on to see what is happening in Stage 3.

**Library News**

The theme this year for Book Week is ‘Connect to Reading’ and we have invited Andrew Daddo, who is an author and illustrator to present his work to the students of Metella Road Public School.

The author visit will be on 22 August and it will cost $3.00 per student. Students will see this performance in their stage groups in the school hall. A separate note has already been sent home regarding this. PSSA teams will not be affected by the schedule.

Our Book Week commences with our Book Fair starting on Monday August 18 then our annual Book Week Character Parade on Tuesday 19 August starting at 12.20pm followed by the opportunity to enjoy lunch together with your child. The Library will be open until 5.00pm on that day for purchases from the Book Fair.

Connect to Reading at Metella Road is taking on connections to Fairy Tales for K-2, Famous Tales from other lands for Stage 2 and Famous and Favourite authors and their stories for Stage 3. When students are planning their costumes for the Book Week parade students may wish to consider the above so they too can ‘connect to reading’.

If you have any questions please contact Mrs Aylett.

Mrs B. Aylett
Librarian

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**Junior Choir**

Congratulations to the Junior Choir for wonderful performances at Open Day and Westpoint Blacktown! You sang beautifully and I am very proud of you. The Junior Choir will be learning some new songs for the rest of the year! If you would like to be a part of the Junior Choir please come to 1M on Wednesday lunch time!

**Junior Dance Group RED**

Well done to the Junior Dance Group RED for your awesome performances at Open Day and Westpoint Blacktown! We are very proud of you all. A special mention to our wonderful drummers who were fantastic at both performances. Keep up the great work!

Miss M. Cheetham
Coordinator

**Senior Dance Group**

The Senior Dance Group have started to learn a new routine. They are taking on a new style...musical theatre! The girls are loving getting into character and adding a bit of ‘cheese’ to their steps!

They recently performed during Open Day and at Blacktown Westpoint to help celebrate Education Week. Well done girls, you did an excellent job! It is hard to believe that we are in the last half of the year, keep up the enthusiasm girls!

Miss M. Jennings
Coordinator

**Athletics Carnival**

The annual Athletics Carnival was held on Monday 28 July at Blacktown International Sportspark. It was wonderful to see so many students participating in the track and field events to earn points for their house.

I would like to say a big thank you to all students for their wonderful behaviour on the day. Thank you to the staff who attended on the day or stayed back at school to coordinate supervision of students. School events do not run without you!

I would also like to acknowledge Mrs Norton, Mrs Rossi, Mrs Connolly, Mrs Kendall, Ms Schuddeboom, Mrs Jarman and Mrs Kasozi for volunteering their time to assist with timekeeping and field events. I would also like to thank Miss Murray and Miss Ramsdale, two of our current practicum students, for their help as well.

Congratulations to Myall, the champions of the Athletics Carnival for 2014! Your performances, and most importantly your participation, got you over the line clearly in first place. Ribbons and plaques will be awarded at the next K-6 Assembly in Week 5.

The Zone Athletics Carnival will be held on Tuesday 26 August 2014 at Blacktown International Sportspark. Notes for students attending this carnival will be sent home soon.

Miss M. Moulakas
Coordinator
NSW PSSA Girls Knockout Football
Our girls played their round 4 match against Kings Langley P.S. on Monday 21 July. With a superb defensive effort our girls won the match 3 – 0. We scored 2 early goals getting in behind their defensive line to lead 2 – 0 at half time. With a couple of injuries and a late push from Kings Langley, a late goal settled our nerves securing a 3 – 0 win. Congratulations girls on another great performance, wonderful sportsmanship and excellent behaviour. We will face Penrith in the final of the Sydney West Region. Details to come. Good luck girls!

Mr T. Calnan
Coordinator

Wanderers Cup News
Congratulations to the boys who played in the Wanderers Cup on 31 July finishing 3rd in the Parramatta District. It was a very tight competition with the boys only losing to eventual winners St Bernadette’s from Castle Hill. James Wark scored the goal of the tournament in our opening game with a volley from 30 metres against Galston P.S. I would like to thank all the boys for their dedication throughout the season and we will look to improve again next year. Also thank you to Tyren B, Joshua S and Nicholas B who have been involved in this squad over the last two years and will be moving onto high school next year. Well done boys.

Wanderers Program
The Wanderers program is going full steam ahead in Term 3 and we are seeing some amazing results every Thursday and at the elite level. At the end of this term students will be invited to attend our game play activity at Girraween Park. So far in this program, 18 Year 4 and 5 students have played for our senior teams, with the boys unluckily defeated in both competitions and our girls’ team still in the State Knockout. This program is proving to be a great nursery to develop top footballers at our school and hopefully future Socceroos and Matildas.

Mr L. Byrne
Coach

Mini Fete
Year Six are currently in preparation for the 2014 Mini Fete. In preparing for this event, we need donations for our FAMOUS White Elephant Stall.

Donations that are favourable will include, books, clean toys with life yet to live, handbags, jewellery, CDs, DVDs etc. Please have a clean out/up of your house over the next few weekends and kindly donate it to our school, so we may have a great stall.

All donations can be sent to Mrs Boase’s room when brought into school. Thank you so much in advance for your generous contributions!

Mrs L. Boase
Coordinator

Multicultural Day Update
The Metella Road Multicultural Day is fast approaching! It will be held in Term 4, Week 2 on 14 October, 2014. Thank you to those parents who were able to come and contribute their ideas at our meeting on 24 July. If you missed the meeting but had initially indicated you could contribute in some way, please contact Mrs Bridges to confirm your role on the day.

A few points to remember:
- If you are providing food on the day it must be in quantities of 26.
- All food items must be in the form of finger food only.
- Please let Mrs Bridges know what you are cooking and the ingredients as soon as possible. You can email the information to the school using the following email address: metellard-p.school@det.nsw.edu.au
- If you are running an activity in your child’s classroom, please let Mrs Bridges or the classroom teacher know what nationality you are representing and what activity you plan on teaching. Remember each rotation only goes for 15 minutes.
- If you are taking on an activity in your child’s classroom, you must remain on that activity for all rotations.
- If you are responsible for organising a performance group on the day, please let Mrs Bridges know approximately how long the performance will go for. A rehearsal of all performances will take place towards the end of this term. More information to come.
- All students will be wearing cultural dress or colours representing the nationality of their class on the day. More information to come.

A follow-up meeting will take place in the Connected Classroom on Thursday 27 August at 3.00pm. I look forward to seeing you there!

Mrs N. Bridges
Coordinator

ICAS Results-Computer Skills and Science Competitions
Congratulations to the students who participated in the ICAS Computer Skills and Science competitions.

A total of 132 students from Years 2 – 6 participated in this year’s Science competition. 33 students received a Credit, 11 students received a Merit, 12 students received a Distinction and 1 student received a High Distinction certificate. 98 students from Years 3-6 participated in the Computer Skills competition. 28 students received a Credit, 15 students received a Merit, 8 students received a Distinction and 4 students received a High Distinction certificate.

Ms J. Minenko
Coordinator
Whizzkids Workshops at UTS
The University of Technology Sydney (UTS) are hosting a series of workshops for gifted and talented Year 3-6 students on 10 August and 26 October. Workshops are held across Literacy, Numeracy, Science, HSIE and Creative Arts subjects. These workshops may be suitable for your child if they:
- Have attained an A or B grade on their report in the specific subject
- Are in an extension class
- Have been identified as gifted and / or talented
A list of workshop sessions, costs, timetables and registration details can be found on their website www.inspirationeducation.com.au. Or see separate flyer at the end of this newsletter.

Debating News
Team 1 is currently preparing for their final debate. The topic is ‘That Homework is Necessary’ and they are arguing for the negative, which means they have to prove that homework is not necessary. They will be debating against Lynwood Park in Week 4.

Team 2 has a bye for the final round of the competition, so they have finished competing for the year.

Can Count
Our thanks to Darien D (KL), Aiden D (3L), Luke F (6B), Sophie F (5C), Kye F (1-2C), Bailey W (1-2C), Emily S (1-2C), Joshua S (5-6S), Liesel S (3M), Regan S (5M) and Kiera S (2A) for collecting aluminium cans. The money we receive from the recycling helps us to provide classroom resources for your children. Aluminium cans which are bagged, labelled with your child’s name, class and the number of cans can be left outside my workshop in “D” Block on Friday mornings ONLY. Large amounts of aluminium cans can be picked up by arrangement.

Canteen News
The Canteen currently has some new items on their menu. They are:
- Meatball Sub with Tomato or BBQ Sauce $3.50
- Nachos Corn Chips (CC’s) $3.50
- Butter Chicken and Rice $3.50

This Thursday 7 August will be a treat day and lollies will be sold.
4H ART

4S ART

Page 8
Stage 3 Update  
Term 3 Week 4

Students also performed at the Open Day  
Assembly. Congratulations to those Stage 3  
students who performed as part of the Senior  
Dance Group, Senior Choir and Stage 3  
Drumming Group.

Some of these students also performed at  
Westpoint Blacktown on Wednesday 30 July to  
commemorate Education Week. Well done for  
representing our school with pride!

Athletics Carnival

It was great to see a number of our Stage 3  
students competing in our Athletics Carnival on  
Monday 28 July 2014. A lot of fun was had by  
all and lots of house points were earned.  
Thank you to those students who assisted as  
helpers on the day – you were fantastic!

Our NAIDOC performer was very engaging!

TERM 2 WRAP UP

Term 2 was an eventful one for Stage 3. From  
our Year 6 Cake Stall, Interrelate to the Year 5  
Greystanes High Achievers Program, Stage 3  
students have participated in a variety of  
activities to contribute to their school community  
and extend their learning.

NAIDOC Week Performance

Students in Stage 3 attended a NAIDOC Week  
Performance in Term 2 Week 9. Our performer,  
Lewis Parter, was very interesting, sharing a  
number of Aboriginal stories, singing many fun  
and engaging songs and playing his didgeridoo.

TERM 3: SO FAR

Education Week

It was fantastic to see so many Stage 3 students  
participate as part of our Education Week  
festivities.

Year 6 did a wonderful job with the Peddlers  
Parade, selling a variety of sweet treats to  
students and their parents / carers on Open  
Day. Well done!
TERM 3: STILL TO COME

Term 3 looks set to be another exciting one for Stage 3.

Some upcoming events include:

**Milo Cricket**

The Milo Cricket Competition will be held on Wednesday 20 August 2014 (Term 3 Week 6). One boys and one girls team will be selected to represent our school. Thank you to Mr Wilkinson for organising these teams.

**Book Week**

The annual Book Week celebration will be held during Term 3 Week 6. Throughout the week, many exciting events will be taking place.

The Book Fair will be back with many books for students and parents to purchase. The Book Character Parade will be held on Tuesday 19 August. Children’s author Andrew Daddo will be visiting on Friday 22 August to share how he goes about creating and writing his stories.

This is a very exciting opportunity for all students, especially our Stage 3 Library Monitors.

**Stage 3 Canberra / Snow Excursion**

Stage 3’s camp to Canberra and the Snowy Mountains is fast approaching! This excursion is being held from Wednesday 10 September to Friday 12 September 2014 (Term 3 Week 9).

Students will visit Parliament House and the Electoral Office to support our study of Democracy in Human Society and Its Environment this term. They will also visit the Australian War Memorial, the snowfields at Perisher and Questacon on our trip.

Throughout this term, Stage 3 students will be required to complete medical and dietary requirement forms. Please make sure that these are returned promptly.

**Mini Fete**

The Year 6 Mini Fete will take place on Wednesday 17 September (Term 3 Week 10). Students have been busily preparing their proposals for stalls to run on the day. Look out for information about donations, including our muffin day on Tuesday 5 August. Thank you to Mrs Boase for coordinating Mini Fete. Very exciting times ahead!

**Winter PSSA**

The Winter PSSA competition continues until Term 3 Week 7. Please refer to the Calendar on our school website for information on games and venues.

**Greystanes High Achievers Program**

Selected students from Year 5 are continuing to participate in the Greystanes High Achievers Program. They have participated in Putting Fitness First and Junior Masterchef. Thank you to Miss Curran for organising this great opportunity.

**Stage 3 Teachers and Students**
Numeracy Committee 2014

Tips and Strategies for Students and Parents No. 4:

Addition and Subtraction Strategies

Homework should not be a source of anxiety or argument in any household – for students or their parents! Understanding the strategies for addition and subtraction that students are taught in class is important for parents as it allows them to help explain how answers are arrived at in a way that is familiar to students.

**Strategy 1: Jump Strategy**

The jump strategy is a mental computation strategy where numbers are added or subtracted by ‘jumping’ forwards or backwards on a number line, usually by starting at the largest number. ‘Jumps’ are made in any increment, however, they are usually in place value increments (e.g. hundreds, tens or ones etc.).

For example, in the question 23 + 35, you could add 30 to 23 first to equal 53, then add the remaining 5 to make 58. By breaking the number being added into its place value parts, the addition process is made more manageable.

Alternatively, you could start at 35 and add 20 to make 55, then add 3 more to make 58.

![Number Line Diagram](image)

**Strategy 2: Split Strategy**

The split strategy is a mental computation strategy that ‘splits’ or ‘partitions’ numbers into their place value parts to add. This strategy is better suited to addition than subtraction.

In the example 36 + 57, the numbers have been ‘split’ into the tens (30 + 50) and ones (6 + 7). The tens equal to 80 and the ones total to 13. Finally, 80 and 13 are added to make 93.

![Split Strategy Diagram](image)

Some more diagrams can be found on the following page to help understand these strategies. Happy adding and subtracting!
Using the jump strategy on an empty number line

\[ 46 + 33 = 79 \]

- could be done ... \[ 46 + 10 + 10 + 10 + 1 + 1 + 1 \]

Students record the jumps they make and where they land on the line until they get to the answer.

- or could be done ... \[ 46 + 10 + 10 + 10 + 3 \]
Numbers are split into tens and ones. For example, 46 becomes four tens (40) and six ones (6), and 33 is three tens (30) and three ones (3).

Addition
This makes it easier to add the tens and the ones (40 + 30 + 6 + 3)

On paper, you would work it out this way:

\[
\begin{align*}
46 & \quad + \quad 33 \\
& = (40 + 6) + (30 + 3) \\
& = 40 + 30 + 6 + 3 \\
& = 70 + 9 \\
& = 79
\end{align*}
\]
K-2 Athletics Carnival

Wow! What an outstanding day we had at the K-2 Athletics Carnival. The children participated in a range of activities from running races, ball games, vortex challenge, scoop throwing, obstacle courses and many more. Everyone tried their best and it was awesome to see so many smiling faces at the end of the carnival. A special thank you to our amazing parents who helped with the activities and cheered the children on!

I would also like to thank our wonderful K-2 teachers for running the activities. I would especially like to thank Mr Calnan and Miss Agius for helping me set up and pack away the carnival.

A fantastic day had by all and I can’t wait for our K-2 Athletics Carnival next year!!!

Miss Cheetham

Well done to all our students in K-2!
Community Noticeboard

Metella Road Public School, as a service to parents, will advertise community events that may be of interest.

Metella Road Public School does not necessarily endorse or sponsor the events and accepts no responsibility for the management or organisation of these events.

Further Details:
2014 Program Dates:
March 22/23rd
June 7/8th
August 9/10th
October 25/26th

Cost:
$90 (+ GST) per day
or $165 (+ GST) per weekend

Time:
9:30am-3:30pm
(Saturday and/or Sunday)

Workshop Categories:
Year 3/4, Year 5/6 and Year 7/8

www.inspirationeducation.com.au | 1300 677 336
Are you interested in children’s literature?
Are you writing or illustrating for children?
Are you teaching children how to read and write?

COME ALONG & JOIN US

The Children’s Book Council of Australia NSW Inc.
SYDNEY WEST SUB-BRANCH

We are a group of like-minded people who support, inspire and educate each other about children’s literature.

INAUGURAL MEETING & INFORMATION SESSION:
6.00pm for 6.30pm on Tuesday 26th August, 2014
@ Auburn City Library, Civic Place, 1 Susan St, Auburn 2144

GUEST SPEAKER:
Gail Erskine, President, CBCA NSW

Any questions or to RSVP: info@jenniferreid.com.au
Visit Sydney West Sub-Branch Online:
NEW JUNIOR COMPETITION
Good Referees. Good Fields.

Junior Competition Commences:
Boys: Tuesday 2nd September
Girls: Wednesday 3rd September
Location: Doyle Park Macarthur St, North Parramatta

Girls & Boys Under 9s (Tuesdays)
Girls & Boys Under 11s
Girls & Boys Under 13s
Girls & Boys Under 15s
Girls & Boys Under 17s

NEW ONLINE REGISTRATION
You can register your team online to receive your team code. Then each player would need to register online as well with this team code.

Just go to the Parramatta Touch website and click on Junior Competition/Individual Registration

Cost: (Under 11 to 17s) $51.95 Per Player & Under 9s $41.55 Per Player
Playing Singlet Numbered Package available $300.00

ENQUIRIES CONTACT:
Pam Hetherington: 0407 928 308 Rod Hetherington: 0402 268 376
Website: www.parra.touch.asn.au Email: parratouch@hotmail.com
Blacktown Workers
Junior Cricket Club
Season 2014-15

Registration Fees:
First Child $120
Additional Siblings $100

Teams in age groups from Under 10 – Under 16

Where: Blacktown Workers Sports Club Foyer
H.E. Laybutt Sporting Complex
Reservoir Road, Blacktown

When: Saturday 9th & 16th August 2014
Sunday 10th & 17th August 2014

Time: 9.00 am – 12.00 pm

Online registrations available on the My Cricket website

Enquiries to: bwjcc.secretary@hotmail.com  Mobile: 0402656325

www.facebook.com/bwjcc
Interrelate Bella Vista
Parenting & Relationship Programs

Ideas for Parenting Teens PLUS Skills & Practice
$25 / $15 concession per person – Tuesdays 2 & 16 September 6.30 – 8.30pm
2 x 2 hour seminars that will assist parents to:
• Understand what is normal adolescent behaviour
• Reduce the anxiety inherent in raising teenage children
• Develop skills to communicate and negotiate with teenagers
• Extended practical component

Positive Parenting
$25 / $15 concession per person – Monday 1 September 6 – 9pm
A 3 hour seminar that will assist parents of children aged 3 – 8 years old to:
• Know and acknowledge each child as an individual
• Understand the power of focusing on what children are doing well
• Deal with what children do that is not working for themselves or others

The Challenge of Disciplining Your Child
$25 / $15 concession per person – Monday 8 Sept 6 – 9pm; Monday 24 Nov 6 – 9pm
A 3 hour seminar that will assist parents of children aged 2 – 12 years old to:
• Understand what positive discipline means and how to set clear boundaries that children respect and learn to appreciate
• Use conflict as a tool to improve relationships
• Use tips and hints on different discipline techniques

Creating Positive Relationships (for couples)
$50 / $30 concession per couple – Monday 15 September 6 – 9pm
A 3 hour seminar that will assist couples to:
• Have a renewed understanding & learn new ways to show love
• Improve their communication
• Recognise and understand each other’s needs in the relationship
• Gain practical ideas for expressing love & keeping their relationship healthy

Ideas for Parenting Teens
$25 / $15 concession per person – Monday 1 December 6 – 9 pm
A 3 hour seminar that will assist parents of teenagers to:
• Understand what is normal adolescent behaviour
• Reduce the anxiety inherent in raising teenage children
• Develop skills to communicate and negotiate with teenagers

Phone 8882 7850
Bookings essential
www.interrelate.org.au
1300 736 966